# PMST Lunch & Learn Preparing for the ARCP

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#### Disclaimer and my PMST experience

- The slides presented here are my own views
- There are other and equally valid ways of going about PMST

#### My PMST experience



- Pharma since 1997 (background hospital medicine and still do a weekly OP clinic)
- DPM 2000 (after "Cardiff course" 1998-2000)
- CCT in pharmaceutical medicine 2005 (enrolled when first offered and when specialty training was known as Higher Medical Training)
- Educational Supervisor (ES) since 2006
- Specialty Advisor (SA) since 2016 (sit on ARCP panels including as Chair)
- DPM examiner since 2005, Chair Board of Examiners 6 years (Jan 2013-Dec2019)

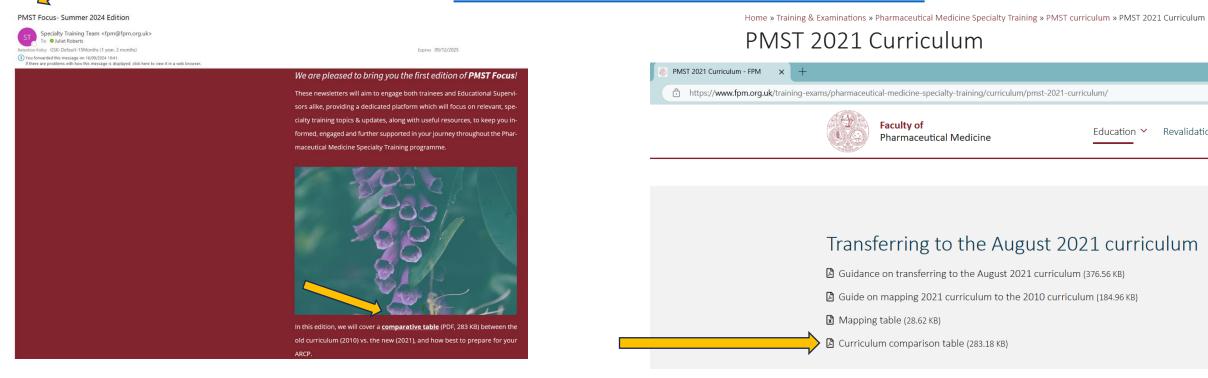
### Agenda

- Quick quiz
- Comparative table Curriculum 2021 (C21) vs. Curriculum 2010 (C10)
- My ARCP review approach (panel member) and my ARCP checklist
- "top tips"
- Q&A

### ARCP comparative table - background

#### I wrote as C21 is quite different to C10 in terms of ARCP requirements

- Helped me to adapt from C10 I was used to, to C21 with my new trainees
- Also to help provide guidance to ESs and trainees who had to also transition
- Released in a "PMST focus" in September 2024
- Now can be found on the FPM PMST Curriculum 2021 website



### ARCP comparative table – ES report



Advancing the science and practice of pharmaceutical medicine for the benefit of the public

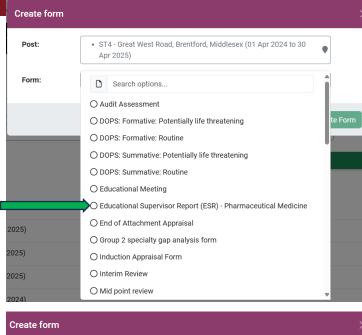
Comparison of e-Portfolio completion and ARCP preparation for:

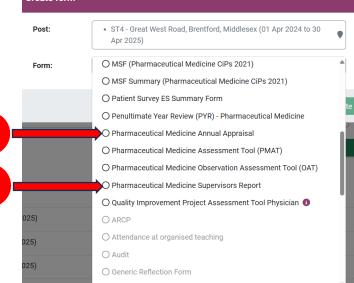
Curriculum 2010 (v.2014) (Competencies) and Curriculum 21 (Capabilities)



Activity	Who completes:	Curriculum 2010 (v.2014) (Old)	Curriculum 2021 (New)
Educational Supervisor's Report in preparation for an ARCP	ES	Yes – use "Pharmaceutical Medicine Supervisors Report"  *Do not use any other type of ES report that may appear in the forms list	Yes – use "Educational Supervisor Report (ESR) – Pharmaceutical Medicine"  *Do not use any other type of ES report that may appear in the forms list.
Annual Appraisal (AA) for an ARCP	ES	Yes – use "Pharmaceutical Medicine Annual Appraisal"	Not needed  *(the AA duplicates what is in the ESR and Form R part B document)

Top tip: ES should do the curriculum ratings before creating the ESR

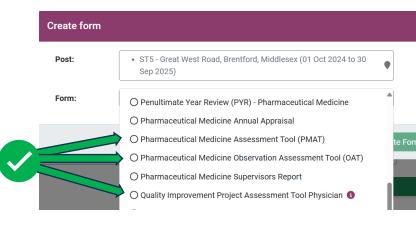




#### ARCP comparative table - WPBA



Workplace based assessments (WPBA)  Trainee (and WPBA raters)  Workplace based assessments (WPBA)  Trainee (and WPBA raters)  **No specified targets for number, but expect to see at least ≥2+ of each type/year  **This PMAT form will refer to: "Module Items Covered"  **This PMAT forms (2010 and 2021 (New)  **Choose the QIPAT form and not the Quality Improvement Project Plan/Report template  **Choose the QIPAT form and not the Quality Improvement Project  **Choose the QIPAT form and not the Quality Improvement Project  **Choose the QIPAT form and not the Quality Improvement Project				· · · · · · · · · · · · · · · · · · ·
based assessments (WPBA)  (and WPBA raters)  (and WPBA raters)  (and WPBA raters)  (b Project Based Discussion (PBD)  Teaching Observation (TO)  *No specified targets for number, but expect to see at least ≥2+ of each type/year  *This PMAT form will refer to: "Module Items Covered"  "Tool (PMAT)  Project Based Discussion (PBD)  *No specified targets for number, but expect to see at least ≥2+ of each type/year  *Quality Improvement Project Assessment Tool (QIPAT)  *Ensure you are using the correct PMAT form (if converted from Curriculum 2010 to 2021, you may well see two different template PMAT forms (2010 and 2021 curriculum). Please make sure you pick the ones that refer to CIPs and NOT Module Items covered.  *Choose the QIPAT form and not the Quality Improvement Project	Activity	Who completes:	Curriculum 2010 (v.2014) (Old)	Curriculum 2021 (New)
	based assessments		Tool (PMAT)  • Project Based Discussion (PBD)  • Teaching Observation (TO)  *No specified targets for number, but expect to see at least >2+ of each type/year  *This PMAT form will refer to:	<ul> <li>*12x/year minimum</li> <li>Observer Assessment Tool (OAT) (Pharmaceutical Medicine)         <ul> <li>*4x/year minimum</li> </ul> </li> <li>Quality Improvement Project Assessment Tool (QIPAT)         <ul> <li>*1x/year minimum</li> </ul> </li> <li>*Ensure you are using the correct PMAT form (if converted from Curriculum 2010 to 2021, you may well see two different template PMAT forms (2010 and 2021 curriculum). Please make sure you pick the ones that refer to CiPs and NOT Module Items covered.</li> </ul> <li>*Choose the QIPAT form and not the Quality Improvement Project</li>

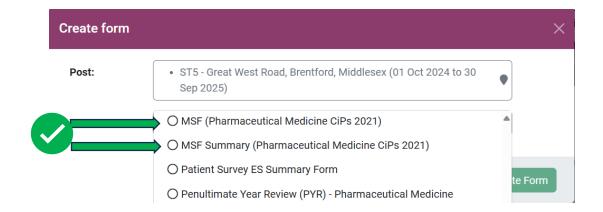


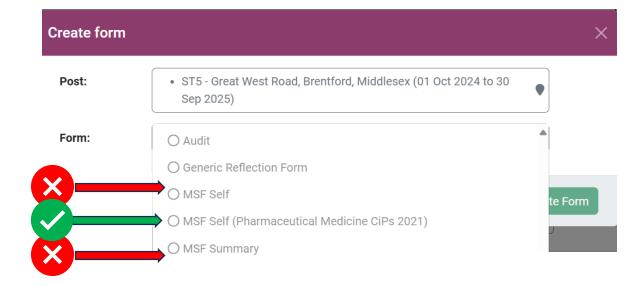


Top tip: the ES can create a WPBA form (does not require the trainee to raise a ticket)



Activity	Who completes:	Curriculum 2010 (v.2014) (Old)	Curriculum 2021 (New)
Multisource Feedback (MSF)	Trainee, Raters, ES	Required - at least 2 x during PMST (suggested in ST4 & ST6)	Required - Annually
		Trainee to do MSF (self)	Trainee to do MSF (self)
		<ul> <li>Raters, at least N=12</li> <li>Summary MSF (ES to release)</li> </ul>	Raters, at least N=12     Summary MSF (ES to release)
		Summary Wish (LS to release)	Summary MSF (ES to release)
		*The ES should check with any rater who expressed a concern and add a comment to the summary report (due to the way the	*Ensure you are using the MSF form which refers to "Pharmaceutical Medicine CiPs 2021"
		form is set up, some raters have mistakenly indicated a concern in error)	*ES should check with any Rater who expressed a concern and add a comment to the summary report.







Activity	Who completes:	Curriculum 2010 (v.2014) (Old)	Curriculum 2021 (New)
Reflections	Trainee	Use the "Pharmaceutical Medicine Reflective Template"	As per Curriculum 2010, use the "Pharmaceutical Medicine Reflective Template"
		*Ensure you are adding a description of the reflection	*Ensure you are adding a description of the reflection
			*It is highly recommended to do an overall reflection for each CiP,
		* <u>Do not</u> use any other reflection template available (such as Reflection on a	(Capability; High level term) at the end of each ST year in advance of the ARCP.
		Learning/Clinical Event). The only reflection	
		form that should be used in PMST is the one	
		listed above.   *This form is also available as a standalone word document which you can then upload	As per curriculum 2010:
		to your library	*Do not use any other reflection templates in the e-portfolio
		*Remember that an overall reflection for	*You can use, if you prefer, the standalone word doc. rather than the
		each Module Item is seen as good practice	form selected from the e-portfolio drop down list.
		when the trainee/ES rate that Module Item as "achieved".	

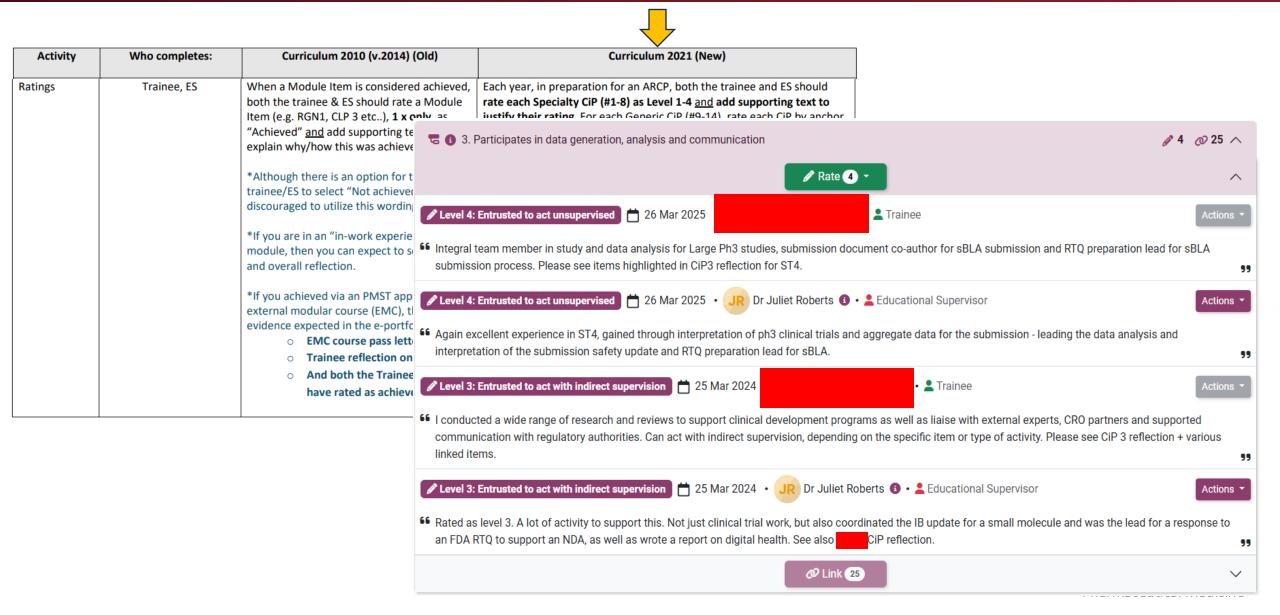
- Pharmaceutical Medicine Reflective Practice 22 Jan 2025 (Clinical Data Analysis for Ph3 study) Self Entered
- Pharmaceutical Medicine Reflective Practice 08 Jan 2025 (Reflections on Medical Monitoring activities in ST4) ✓ Self Entered
- Pharmaceutical Medicine Reflective Practice 08 Jan 2025 (Reflection on all activities linked to a regulatory submission following Ph3 study completion for a biologic. ) ✓ Self Entered
- Pharmaceutical Medicine Reflective Practice 07 Oct 2024 (Reflection on ST4 Multi Source Feedback (MSF)) ✓ Self Entered

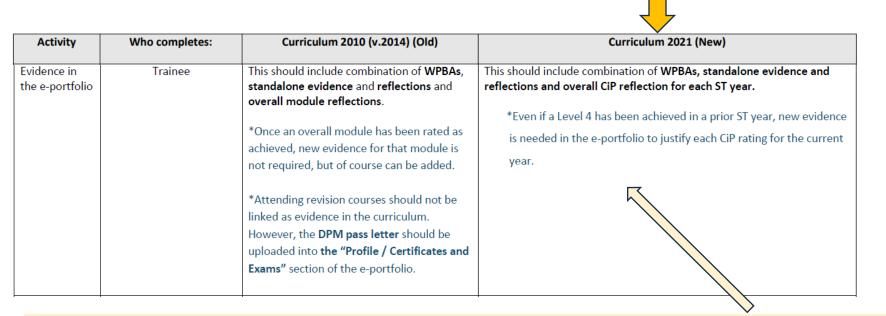
	Pharmaceutical Medicine Reflective Practice 18
	Pharmaceutical Medicine Reflective Practice 26 Mar 2025 (Reflection on CiP 1 for ST4) → Self Entered
	Pharmaceutical Medicine Reflective Practice 26 Mar 2025 (Reflection on CiP 2 for ST4) Self Entered
	Pharmaceutical Medicine Reflective Practice 26 Mar 2025 (Reflection on CiP 3 for ST4) Self Entered
	Pharmaceutical Medicine Reflective Practice 26 Mar 2025 (Reflection on CiP 4 for ST4)
	Pharmaceutical Medicine Reflective Practice 26 Mar 2025 (Reflection on CiP 5 for ST4) Self Entered
	Pharmaceutical Medicine Reflective Practice 26 Mar 2025 (Reflection on CiP 6 for ST4)
	Pharmaceutical Medicine Reflective Practice 26 Mar 2025 (Reflection on CiP 7 for ST4) Self Entered
of	Pharmaceutical Medicine Reflective Practice 26 Mar 2025 (Reflection on CiP 8 for ST4) Self Entered
	Pharmaceutical Medicine Reflective Practice 26 Mar 2025 (Reflection on CiP 9 for ST4) Self Entered
	Pharmaceutical Medicine Reflective Practice 26 Mar 2025 (Reflection on CiP 10 for ST4)      ✓ Self Entered
	Pharmaceutical Medicine Reflective Practice 26 Mar 2025 (Reflection on CiP 11 for ST4)      ✓ Self Entered
	Pharmaceutical Medicine Reflective Practice 26 Mar 2025 (Reflection on CiP 12 for ST4)      ✓ Self Entered
the	Pharmaceutical Medicine Reflective Practice 26 Mar 2025 (Refleciton on CiP 13 for ST4)

Would recommend use the template form – as then appears in "All forms" summary

Pharmaceutical Medicine Reflective Practice 26 Mar 2025 (Reflection on CiP 14 for ST4) → Self Entered

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#### Note in C21:

- Any learning opportunity (including revision courses) which help develop, expand or reinforce a capability is acceptable as evidence (reflection on the learning is also good to add too!)
- External modular courses are not required (C21 is not by pharmaceutical area e.g. Safety, Reg, Clin Pharm etc...).
- A level 4 (CiPs 1-8) and meets/exceeds (CiPs 9-14) should be possible to achieve in whatever area of pharmaceutical medicine a trainee
  works in
- Evidence reminder never anything confidential, redact names etc...

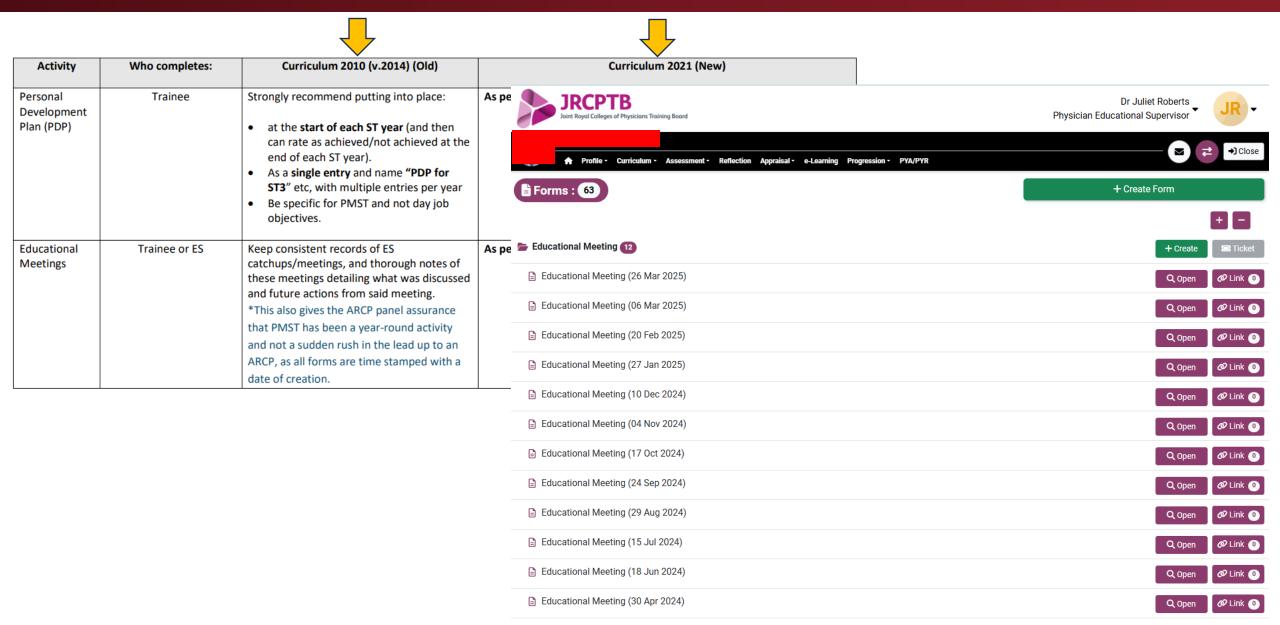




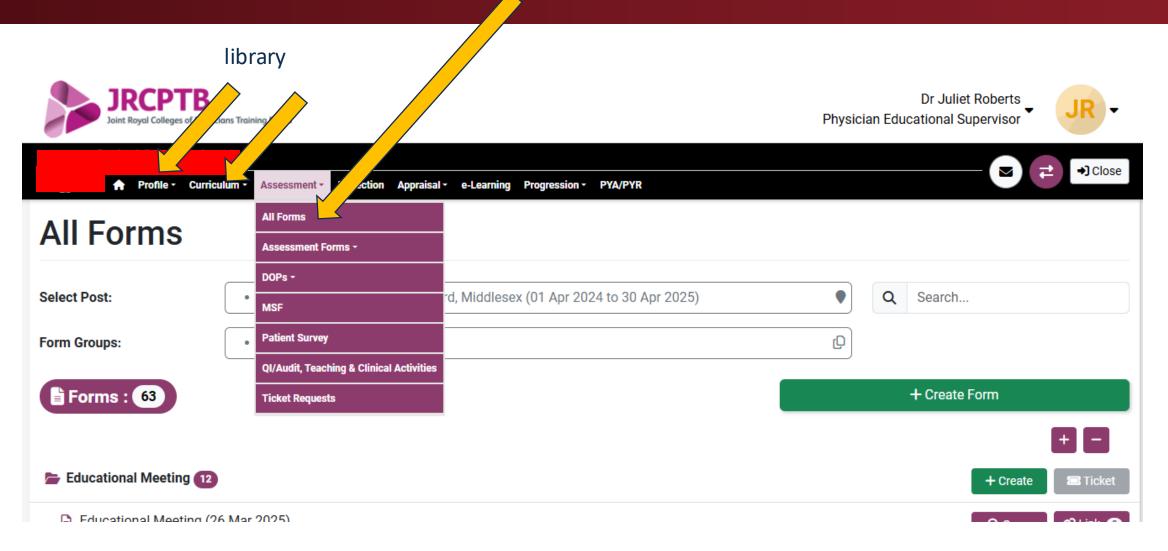
Who completes:	Curriculum 2010 (v 2014) (Old)	Curriculum 2021 (New)
wild completes.	Curriculum 2010 (v.2014) (Olu)	Curriculum 2021 (New)
Trainee	Strongly recommend putting into place:  at the start of each ST year (and then can rate as achieved/not achieved at the end of each ST year).  As a single entry and name "PDP for ST3" etc, with multiple entries per year  Be specific for PMST and not day job objectives.	As per Curriculum 2010
	Who completes:  Trainee	Trainee  Strongly recommend putting into place:  • at the start of each ST year (and then can rate as achieved/not achieved at the end of each ST year).  • As a single entry and name "PDP for ST3" etc, with multiple entries per year  • Be specific for PMST and not day job



PDP (18 Jun 2024) Personal Development Plan ST4 (2024-2025) ✓ Self Entered



### My ARCP review



# My ARCP checklist

Name	
ST year (for this ARCP)	ST?
ARCP type (for this ARCP)	Annual, PYA (ST5), other?
ARCP Outcomes in previous years	Add outcome or n/a
ES report	Yes/No Add any comments of note
WPBA (target):  PMAT (12)  OAT (4)  QIPAT (1)  Correct forms?  Spread across year  MSF:  Self  Raters n≥12  Summary  Correct forms used  Concerns?	<ul> <li>No. done – add any relevant observation</li> <li>No. done – add any relevant observation</li> <li>No. done – add any relevant observation</li> <li>Yes/No</li> <li>Yes/No</li> <li>Yes/No</li> <li>No. done</li> <li>Yes/No</li> <li>Yes/No</li> <li>Yes/No</li> <li>Yes/No</li> <li>Yes/No</li> <li>Yes/No – add any relevant observations</li> </ul>
Curriculum     Ratings by ES & trainee     Comments to support ratings     Levels reached     Evidence to support	<ul> <li>Yes/No – if no, what is needed</li> <li>Yes/No</li> <li>Appropriate to ST year Yes/No?</li> <li>Acceptable yes/no – if no, how could this improve</li> </ul>
General comments:  • Educational meetings  • PDP set  • Correct forms  • Reflections on CiPS  • Reflections other	<ul> <li>Yes/No – add any relevant observation</li> </ul>
DPM status	Obtained (year), due to sit, previously sat
Suggested ARCP outcome  Outcome  See at Part B?	<ul><li>Outcome 1</li><li>Yes if ST3 &amp; ST5 or if need to discuss</li></ul>
Feedback to give	Add here (e.g. DPM timing, evidence, WBPA etc)

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#### Top tips

- Lots of good information on the FPM PMST website
- If use the wrong form, can raise a ticket and ask for the form to be deleted
- Don't re-save PMATs etc...unless need to
  - as resets the date
  - but can still see creation date (so know when first completed)
- Personal library
  - watch storage space
  - folder arrangement by ST year or CiP

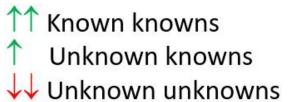


le for mapping 2010 curriculum onto 2020 curriculum

	Current evidence for 2010 curriculum module items				Map evidence to 2021 curriculum CiPs				
Module tem	Title	Document name	Description of evidence (optional)		uggested CiPs numbers)	V	Summary of trainee/ES transition discussion (optional)	Agreed CiPs (numbers)	V
					, 5, 7, 9, 10				
RGN 1	Legislative framework for the development				, 5, 7, 9, 10				
(GIV I	and registration of medicines				, 5, 7, 9, 10				
					, 5, 7, 9, 10				
					, 6, 10				
RGN 2	Post-authorisation safety monitoring and				, 6, 10				
NGIV Z	regulatory reporting procedures			2	, 6, 10				
				2	, 6, 10				
					, 6, 7				
RGN 3	Deadust aufatu undata annuata				, 6, 7				
KGIV 3	Product safety update reports			3	, 6, 7				
				3	, 6, 7				
				1	, 2, 6, 7, 9, 14				
RGN 4	Unlicensed medicines				, 2, 6, 7, 9, 14				
KGN 4	Unificensed medicines			1	, 2, 6, 7, 9, 14				
				1	, 2, 6, 7, 9, 14				
		SA briefing doc	Author - scientific advice briefing docu	ment 2	, 3, 6, 7				
CNE	Mandage Analogical			2	, 3, 6, 7				
RGN 5	Marketing Authorisation			2	, 3, 6, 7				
				2	, 3, 6, 7				
				2	, 5, 6, 9				
RGN 6	Clinical trials and global Drug			2	, 5, 6, 9				
KGN 6	development			2	, 5, 6, 9				
				2	, 5, 6, 9				
				1	, 2, 6, 7, 8, 9, 1	L4			
	Wider availability of medicines and				, 2, 6, 7, 8, 9, 1				
RGN 7	product deregulation				, 2, 6, 7, 8, 9, 1				
					, 2, 6, 7, 8, 9, 1				

#### Final words

- Disclaimer this is my personal approach but as long as you meet the requirements – all approaches are valid
- PMST should be a pleasurable experience for both trainee and ES!
- Please give back as an ES and SA (and DPM examiner) when you have finished PMST
- The reason I continue as a DPM examiner and PMST  $\Rightarrow$





# Back up – Quiz slides

Question	Answer		
<ol> <li>In C21, how often is a MSF         (Pharmaceutical Medicine CiPs 2021)         required?</li> </ol>	A. Once, usually ST5 but doesn't really matter B. Twice, usually ST4 & ST6 C. Every year D. Not at all		

# Qu 1 - Answer

Question	Answer
<ol> <li>In C21, how often is a MSF         (Pharmaceutical Medicine CiPs 2021)         required?</li> </ol>	A. Once, usually ST5 but doesn't really matter B. Twice, usually ST4 & ST6 C. Every year   D. Not at all

Question	Answer		
In C21, for the ARCP the ES needs to complete which form(s)?	A. Educational Supervisor's Report – Pharmaceutical Medicine (ESR) B. Pharmaceutical Medicine Annual Appraisal (PMAA) C. Both an ESR & a PMAA D. Neither, as this is covered by the curriculum rating		

# Qu 2 Answer

Question	Answer	
In C21, for the ARCP the ES needs to complete which form(s)?	<ul> <li>A. Educational Supervisor's Report – Pharmaceutical Medicine (ESR)</li> <li>B. Pharmaceutical Medicine Annual Appraisal (PMAA)</li> <li>C. Both an ESR &amp; a PMAA</li> <li>D. Neither, as this is covered by the curriculum rating</li> </ul>	

Question	Answer
In C21, how many PMAT workplace based assessments (WBPAs) are required each year?	A. No recommended number, but should have some B. 4 C. 8 D. 12

# Qu 3 Answer

Question	Answer
In C21, how many PMAT workplace based assessments (WBPAs) are required each year?	A. No recommended number, but should have some B. 4 C. 8 D. 12

Question	Answer
4. In C21, how many OAT WPBAs are required each year?	A. No recommended number, but should have some B. 2 C. 4 D. 6

# Qu 4 Answer

Question	Answer
4. In C21, how many OAT WPBAs are required each year?	A. No recommended number, but should have some B. 2 C. 4 D. 6

Question	Answer
<ol><li>In C21, is there another WPBA needed</li></ol>	A. Yes
each year?	B. No

# Qu 5 Answer

Question	Answer
<ol><li>In C21, is there another WPBA needed each year?</li></ol>	A. Yes B. No

Reflection on Clinical Event cannot edit the naming convention)	Question	Answer
<ul> <li>Reflection on Learning Event</li> <li>Reflection on Management and Leadership Experience</li> <li>Pharmaceutical Medicine Reflective Practice</li> <li>C. Only use the Pharmaceutical Medicine Reflective In the naming of the form (and the naming of the form)</li> <li>Practice</li> </ul>	are valid to use:  Reflection on Clinical Event Reflection on Learning Event Reflection on Management and Leadership Experience Pharmaceutical Medicine Reflective	B. Only use the Pharmaceutical Medicine Reflective Practice (but you cannot edit the naming convention)     C. Only use the Pharmaceutical Medicine Reflective Practice (but edit

# Qu 6 Answer

Question	Answer	
6. Which of the following reflection forms are valid to use:  • Reflection on Clinical Event  • Reflection on Learning Event  • Reflection on Management and Leadership Experience  • Pharmaceutical Medicine Reflective Practice	<ul> <li>A. Whichever is best suited to the topic</li> <li>B. Only use the Pharmaceutical Medicine Reflective Practice (but you cannot edit the naming convention)</li> <li>C. Only use the Pharmaceutical Medicine Reflective Practice (but edit the naming of the form)</li> </ul>	

Question	Answer
7. In C21, with respect to the curriculum ratings to support an ARCP review	<ul> <li>A. Rating are only required by the Trainee, no comments needed</li> <li>B. Rating are only required by the Trainee, comments also needed to justify their rating.</li> <li>C. Rating are only required by the ES, no comments needed</li> <li>D. Rating are only required by the ES, comments also needed to justify their rating.</li> <li>E. Ratings are required by both the Trainee &amp; ES, no comments are needed</li> <li>F. Ratings are required by both the Trainee &amp; ES, comments are also needed by both to justify their rating.</li> </ul>

# Qu 7 Answer

Question	Answer
7. In C21, with respect to the curriculum ratings to support an ARCP review	<ul> <li>A. Rating are only required by the Trainee, no comments needed</li> <li>B. Rating are only required by the Trainee, comments also needed to justify their rating.</li> <li>C. Rating are only required by the ES, no comments needed</li> <li>D. Rating are only required by the ES, comments also needed to justify their rating.</li> <li>E. Ratings are required by both the Trainee &amp; ES, no comments are needed</li> <li>F. Ratings are required by both the Trainee &amp; ES, comments are also needed by both to justify their rating.</li> </ul>



Question	Answer
8. In C21, a CiP rating of 4 in ST3 means	A. No further evidence is needed for that CiP (it is signed off as complete for all remaining years in PMST)     B. Each year, further evidence is required to support that CiP rating.

# Qu 8 Answer

Question	Answer	
8. In C21, a CiP rating of 4 in ST3 means	A. No further evidence is needed for that CiP (it is signed off as complete for all remaining years in PMST)	
	B. Each year, further evidence is required to support that CiP rating.	